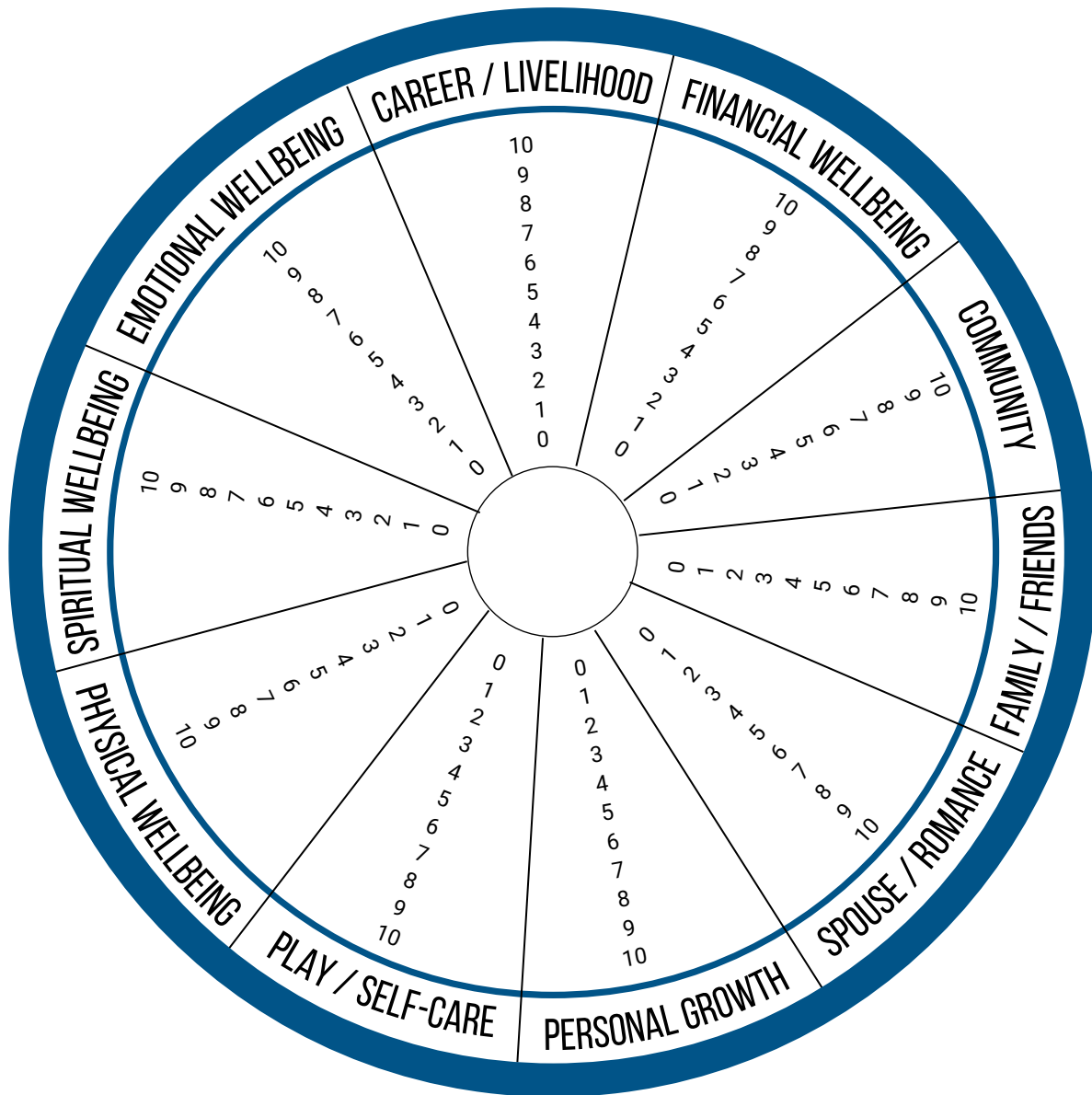




PURE POTENTIAL
CONSULTING

PATTI BOYLE

LIFE DESIGN WHEEL



DIRECTIONS: The ten sections in the Wheel of Life represent work-life balance. Write your name in the center of the wheel. Rank your level of satisfaction in each area of life based on your perception of fulfillment from 0 to 10 (0 low, 10 high). Then draw a new circle by connecting the dots through the ranking of your choosing. Where are your highs? Where are your lows? How bumpy would the ride be if this were an actual tire?



A GOAL IS JUST A DREAM WITH A DEADLINE

The Wheel of Life categories identify specific steps that will move you from where you are today toward where you want to be.

CAREER / LIVELIHOOD

Where are you now?	Where do you desire to be?	What will you do to get there?	By when?

What is in the way of me achieving this and what do I plan to do about that?

FINANCES

Where are you now?	Where do you desire to be?	What will you do to get there?	By when?

What is in the way of me achieving this and what do I plan to do about that?

COMMUNITY

Where are you now?	Where do you desire to be?	What will you do to get there?	By when?

What is in the way of me achieving this and what do I plan to do about that?

FRIENDS & FAMILY

Where are you now?	Where do you desire to be?	What will you do to get there?	By when?

What is in the way of me achieving this and what do I plan to do about that?

SPOUSE / ROMANCE

Where are you now?	Where do you desire to be?	What will you do to get there?	By when?

What is in the way of me achieving this and what do I plan to do about that?

PERSONAL GROWTH

Where are you now?	Where do you desire to be?	What will you do to get there?	By when?

What is in the way of me achieving this and what do I plan to do about that?

PLAY / SELF-CARE

Where are you now?	Where do you desire to be?	What will you do to get there?	By when?

What is in the way of me achieving this and what do I plan to do about that?

PHYSICAL WELLBEING

Where are you now?	Where do you desire to be?	What will you do to get there?	By when?

What is in the way of me achieving this and what do I plan to do about that?

SPIRITUAL WELLBEING

Where are you now?	Where do you desire to be?	What will you do to get there?	By when?

What is in the way of me achieving this and what do I plan to do about that?

EMOTIONAL WELLBEING

Where are you now?	Where do you desire to be?	What will you do to get there?	By when?

What is in the way of me achieving this and what do I plan to do about that?