

THRIVE WITH PURPOSE

EXECUTIVE EDITION

*Helping executives lead with impact,
shape legacy, and thrive with
purpose.*

A Companion Workbook By Patti Boyle

Module 1: Define Your Legacy

At the executive level, leadership is about impact. Your career should reflect the legacy you want to leave behind.

Reflection Questions:

- What legacy do you want to create in your organization?
- How do you want to be remembered by your team?
- What personal values define your leadership?

Action Step:

Write a one-paragraph leadership legacy statement.

Module 2: Lead Through Change

Executives often guide organizations through transitions. Your ability to remain steady and decisive impacts your people and outcomes.

Reflection Questions:

- What major changes have you led successfully?
- How do you communicate during times of uncertainty?
- What lessons from past transitions can guide you now?

Action Step:

Identify one upcoming organizational challenge and outline your leadership response.

Module 3: Mentor and Develop Leaders

Executive influence multiplies when you invest in others. Developing the next generation of leaders is central to your role.

Reflection Questions:

- Who have you mentored in the past 5 years?
- How do you identify emerging leaders?
- What qualities do you most want to instill in your mentees?

Action Step:

Schedule a mentoring conversation with one high-potential leader in your organization.

Module 4: Expand Strategic Influence

Executives thrive by expanding their influence beyond their immediate circle—across industries, boards, and communities.

Reflection Questions:

- What boards or industry groups could you join to expand reach?
- How do you currently share your thought leadership?
- Who in your network could elevate your strategic influence?

Action Step:

Commit to one new platform for thought leadership (e.g., article, keynote, podcast).

Module 5: Align with Purpose

Purpose-driven leadership sustains impact and resilience. Aligning business goals with your deeper calling creates lasting fulfillment.

Reflection Questions:

- What drives you beyond profit or performance?
- How is your work aligned with your life purpose?
- What impact do you want your organization to have in the world?

Action Step:

Articulate three ways your current role reflects your personal purpose.

Module 6: Innovate & Future-Proof

Executives must anticipate the future of work. Staying ahead of trends ensures long-term organizational success.

Reflection Questions:

- What industry trends are shaping your field?
- What technologies could transform your organization?
- How do you foster a culture of innovation?

Action Step:

Identify one innovation initiative and outline next steps to implement it.

Module 7: Strengthen Resilience

Executive leadership comes with pressure. Building resilience enables sustained energy, focus, and well-being.

Reflection Questions:

- What practices keep you grounded during high stress?
- How do you ensure your team stays resilient?
- Where do you need additional support right now?

Action Step:

Commit to one resilience practice you will prioritize this month.

Module 8: Transition & Legacy Planning

The final stage of executive leadership is preparing for transition. Whether moving to board service, consulting, or retirement, intentional planning ensures your legacy lives on.

Reflection Questions:

- What is your plan for succession in your role?
- How do you want to serve after your executive career?
- What personal goals do you want to pursue in your legacy years?

Action Step:

Draft a transition plan that includes succession, future roles, and legacy impact.